

WEEK 1 MENU

w/c - 01/11, 22/11, 13/12, 03/01,
24/01, 21/02, 14/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Sausage & Onion Gravy Vegan Sausage Roll	Chicken Tikka Masala curry Fish Fingers	Roast Chicken Quorn Dipper	Quorn Spaghetti Bolognese: Macaroni Cheese	Homemade Cheese & Tomato Pizza
Main 2	Quorn Sausage & Gravy	Vegetable Quesadilla	Roasted Quorn Fillet & Gravy	Vegetable Plait	Chickpea & Spinach Curry
Carbohydrates	Mashed Potato Wholemeal Penne Pasta	Naan Bread or Diced Potatoes	Roasted Potatoes or Wholemeal Penne Pasta	Braised Turmeric Rice or Garlic Bread	Oven Baked Chips Half Jacket Potato
Vegetables	Broccoli Sweetcorn	Garden Peas Cauliflower	Fresh Glazed Carrots Savoy Cabbage	Green Beans Sweetcorn Mixed Salad	Baked Beans Mixed Vegetables
Desserts	Chocolate Beetroot Cake Organic Yoghurts	Orange Jelly Organic Yoghurts	Autumn Fruit Crumble or Sponge and Custard Organic Yoghurts	Shortbread Fresh Fruit Wedges Organic Yoghurts	Chocolate Crunch & custard. Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



WEEK 2 MENU

w/c - 08/11, 29/11, 10/01, 31/01,
28/02, 21/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Sticky Honey Glazed Chicken Breaded Fish Pollock	Quorn Hotdog Roasted Vegetable Lasagne	Roast Chicken Quorn Fillet	Pulled Chicken Burger Fish Fingers	Cheese & Tomato Pizza
Main 2	Quorn Meatballs	Cheese & Tomato pasta	Tomato and Sticky Onion Tart	Vegetable & falafel Wrap	Sausage Roll
Carbohydrates	Braised Rice Potato Wedges	Garlic Bread, Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Penne Pasta or New Potatoes	Oven Baked Chips Half Jacket Potato
Vegetables	Roasted Vegetables sweetcorn	Baked Beans Broccoli Florets	Garden Peas Fresh Carrots	Broccoli Florets Sweetcorn	Country style mixed Vegetables Baked Beans
Desserts	Carrot & Apple Muffin Organic Yoghurts	Mandarin Cheesecake Or Orange Jelly Organic Yoghurts	Autumn Cake Organic Yoghurts	Freshly Made Vanilla Cookie Organic Yoghurts	Chocolate Cracknels and Custard Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Working together

WEEK 3 MENU

w/c – 15/11, 6/12, 17/01, 07/02,
07/03, 28/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Chicken Tikka Pitta Pocket Cheese pasty	Kofta Kebab & flatbread Fish Fingers	Roast Chicken Quorn Fillet	Beef Lasagne Fish Goujons	Cheese & Tomato Pizza
Main 2	Vegan Potato and White Bean Chilli 	Southern Baked Quorn Burger, Bun & Salad	Vegan Shepherdess Pie 	Cheese & Broccoli Quiche 	Quorn Dippers and Tomato Salsa
Carbohydrates	Braised Rice or Potato Wedges	Mashed Potato Penne Pasta	Roast Potatoes or Penne Pasta	Garlic and Parsley Bread or Penne Pasta	Oven Baked Chips Half Jacket Potato
Vegetables	Green Beans Sliced Carrots	Corn on the cob Broccoli Florets	Roasted Carrots Roasted Parsnips	Sweetcorn Garden Peas	Mixed Vegetables Baked Beans
Desserts	Oatey Raspberry Flapjack Organic Yoghurts	Orange Jelly Organic Yoghurts	Chocolate Bread & Butter Pudding or Iced bun Organic Yoghurts	Apple Fruit Plait Ice cream Organic Yoghurts	Iced chocolate sponge & Chocolate sauce Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Working together