

# Paths Curriculum

## Reception

During Reception, children will be covering lessons on the following themes and objectives;

<p><b>Unit 1 - Fostering positive Classroom Climate</b></p> <p>Circle Rules            PATHS Animals            PATHS Pupil of the day            Compliments 1            Basic Feelings 1            We all have happy feelings            Happy            Sad            Twiggle makes friends            Compliments 2</p>	<p><b>Unit 2 - Basic Feelings</b></p> <p>Mad or Angry 1            Scared or Afraid            My feelings            Mad 2</p>	<p><b>Unit 3 - Self Control</b></p> <p>Twiggle learns to do turtle part 1            Twiggle learns to do Turtle 2            Turtle Technique review            Appropriate Turtles 1            Appropriate Turtles 2            Calm or Relaxed</p>
<p><b>Unit 4 - Sharing, Caring and Friendship</b></p> <p>Sharing and Caring 1            Sharing and Caring 2            Twiggle Special Day            Advanced Compliments            Feelings Review</p>	<p><b>Unit 5 - Basic Problem Solving</b></p> <p>Making Choices            Solving Problems            Solving problems with Friends</p>	<p><b>Unit 6 - Intermediate Feelings</b></p> <p>Comfortable and Uncomfortable            Different Types of Feelings            Excited            Tired            Frustrated            Proud</p>
<p><b>Unit 7 - Advanced Feelings</b></p> <p>Love            Worried            Disappointed            Jealous            Furious            Guilt            Generous</p>	<p><b>Unit 8 - Wrap Up</b></p> <p>PATHS review            Saying Goodbye            Ending and transitioning            PATHS Party</p>	

## Year 1

During year 1, children will be covering lessons on the following themes and objectives;

<p><b><u>Unit 1 - Fostering positive Classroom Climate</u></b></p> <p>Circle Rules PATHS Animals PATHS Pupil of the day Compliments 1 Basic Feelings 1 We all have happy feelings Happy Sad Twiggle makes friends Compliments 2</p>	<p><b><u>Unit 2 - Basic Feelings</u></b></p> <p>Mad or Angry 1 Scared or Afraid My feelings Mad 2</p>	<p><b><u>Unit 3 - Self Control</u></b></p> <p>Twiggle learns to do turtle part 1 Twiggle learns to do Turtle 2 Turtle Technique review Appropriate Turtles 1 Appropriate Turtles 2 Calm or Relaxed</p>
<p><b><u>Unit 4 - Sharing, Caring and Friendship</u></b></p> <p>Sharing and Caring 1 Sharing and Caring 2 Twiggle Special Day Advanced Compliments Feelings Review</p>	<p><b><u>Unit 5 - Basic Problem Solving</u></b></p> <p>Making Choices Solving Problems Solving problems with Friends</p>	<p><b><u>Unit 6 - Intermediate Feelings</u></b></p> <p>Comfortable and Uncomfortable Different Types of Feelings Excited Tired Frustrated Proud</p>
<p><b><u>Unit 7 - Advanced Feelings</u></b></p> <p>Love Worried Disappointed Jealous Furious Guilt Generous</p>	<p><b><u>Unit 8 - Wrap Up</u></b></p> <p>PATHS review Saying Goodbye Ending and transitioning PATHS Party</p>	

## Year 2

During year 2, children will be covering lessons on the following themes and objectives;

<p><b>Unit 1 - Establishing a Positive Classroom Environment</b></p> <p>Formulating Classroom Rules Readiness Lesson Pupil of the Day - Complimenting</p>	<p><b>Unit 2 - Introduction to Feelings</b></p> <p>Introduction to Feelings Happy, Sad, Private Activities on Happy and Sad Fine, Excited, Tired Activities on Excited and Tired and a review of all Feelings</p>	<p><b>Unit 3 - Feelings and Behaviours</b></p> <p>Scared or Afraid, Safe Activities on Scared or Afraid and Safe Cross or Angry Review lesson</p>
<p><b>Unit 4 - Self Control and Anger Management</b></p> <p>Self-Control 1 (Anger Management) Self-Control II (Anger Management) Self Control III Calm or Relaxed and Relaxation Practice</p>	<p><b>Unit 5 - Anger Management and Problem-Solving</b></p> <p>Control Signals Poster (Anger Management) Problem Discussion - Angry Arthur Problem - Solving Meeting Surprised, Expect Problem Discussion on Surprised Problem-Solving - Privacy and Telling Your Feelings</p>	<p><b>Unit 6 - Friendship and Feeling Lonely</b></p> <p>What is a Good Friend? Lonley Making Friends Shy Story/Activity on Shy and Problem-Solving Activity Embarrassed Review Lesson</p>
<p><b>Unit 7 - Manners and Listening to Others</b></p> <p>By accident, On purpose Manners 1 Manners 2 Manners 3 Manners 4 Fair Play Rules Listening to Others Sharing</p>	<p><b>Unit 8 - Feelings/ Emotions/ Behaviours</b></p> <p>Decision Wheel Curious, Interested, and Bored Proud, Ashamed Story/Activity on Proud Frustrated Hopeful, Disappointed Story/Activity on Hopeful Problem Discussion on Frustrated or Disappointed End of Year Review Planning a PATHS party</p>	