

WEEK 2 MENU

WEEK COMMENCING
10 Sept, 08 Oct, 12 Nov, 10 Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
	PLANET EARTH DAY	STREET FOOD DAY	ORIGINALS DAY	WORLD FOOD DAY INDIAN	FRIDAY FAVOURITES
MAIN 1 Key Stage 1&2	Quorn Bolognaise	Southern Baked Chicken Fillet with BBQ Sauce	Oven Baked Sausage & Onion Gravy	Indian Mild Chicken Curry with Cucumber Raita & Mango Chutney	Vegetable nuggets
Key Stage 2 Special Day		Two Piece Southern Baked Chicken with BBQ Sauce		Curry Box - Mild Chicken Curry with Rice & Cucumber Raita & Mango chutney	
Vegetarian key stage 1 & 2	Baked Tortilla Vegetable Lasagne	Quorn Fillet Burger	Glamorgan Sausage & Onion Gravy	Oven Baked Breaded Pollock	Cheese & Tomato Pizza
Carbohydrates	Garlic Bread	Spicy Oven Wedges	Mashed Potatoes	Boiled White & Brown Rice	Oven Baked Chips
Vegetables	Sweetcorn, Green Beans, Grated Carrot & Sultana Salad	BBQ Baked Beans, Mixed Salad, Red Cabbage	Broccoli Florets and Fresh Sliced Carrots	Saute Spinach & Nutmeg, Sweetcorn Cucumber & Onion Salad	Garden Peas, Baked Beans, Mixed Salad
Dessert	Apple Flapjack	Fresh Fruit Wedges Fruit Cookie	Chocolate Sponge & Chocolate Sauce	Raspberry Delight Carrot & orange muffin	Strawberry Jelly Ice Cream

AVAILABLE DAILY: Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt & a mixed salad bar • Freshly baked bread (white & wholemeal)
FOR ALLERGEN CONTENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST

