

# WEEK 1 MENU

w/c - 01/11, 22/11, 13/12, 03/01,  
24/01, 21/02, 14/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>WORLD FOOD DAY</b>	<b>STREET FOOD DAY</b>	<b>ORIGINALS DAY</b>	<b>PLANET EARTH DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Sausage & Onion Gravy Vegan Sausage Roll	Chicken Tikka Masala curry  Fish Fingers	Roast Chicken  Quorn Dipper	Quorn Spaghetti Bolognese: Macaroni Cheese	Homemade Cheese & Tomato Pizza
<b>Main 2</b>	Quorn Sausage & Gravy	Vegetable Quesadilla	Roasted Quorn Fillet & Gravy	Vegetable Plait	Chickpea & Spinach Curry
<b>Carbohydrates</b>	Mashed Potato Wholemeal Penne Pasta	Naan Bread or Diced Potatoes	Roasted Potatoes or Wholemeal Penne Pasta	Braised Turmeric Rice or Garlic Bread	Oven Baked Chips Half Jacket Potato
<b>Vegetables</b>	Broccoli Sweetcorn	Garden Peas Cauliflower	Fresh Glazed Carrots Savoy Cabbage	Green Beans Sweetcorn Mixed Salad	Baked Beans Mixed Vegetables
<b>Desserts</b>	Chocolate Beetroot Cake Organic Yoghurts	Orange Jelly Organic Yoghurts	Autumn Fruit Crumble or Sponge and Custard Organic Yoghurts	Shortbread Fresh Fruit Wedges Organic Yoghurts	Chocolate Crunch & custard. Organic Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

**Future 50** Contains one or more of the top 50 most sustainable foods in the world!

**Vegetarian** **Vegan** **Organic**

**For allergen content please speak to member of staff who will be happy to assist**



# WEEK 2 MENU

w/c – 08/11, 29/11, 10/01, 31/01,  
28/02, 21/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>WORLD FOOD DAY</b>	<b>PLANET EARTH DAY</b>	<b>ORIGINALS DAY</b>	<b>STREET FOOD DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Sticky Honey Glazed Chicken Breaded Fish Pollock	Quorn Hotdog Roasted Vegetable Lasagne	Roast Chicken Quorn Fillet	Pulled Chicken Burger Fish Fingers	Cheese & Tomato Pizza
<b>Main 2</b>	Quorn Meatballs	Cheese & Tomato pasta	Tomato and Sticky Onion Tart	Vegetable & falafel Wrap	Sausage Roll
<b>Carbohydrates</b>	Braised Rice Potato Wedges	Garlic Bread, Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Penne Pasta or New Potatoes	Oven Baked Chips Half Jacket Potato
<b>Vegetables</b>	Roasted Vegetables sweetcorn	Baked Beans Broccoli Florets	Garden Peas Fresh Carrots	Broccoli Florets Sweetcorn	Country style mixed Vegetables Baked Beans
<b>Desserts</b>	Carrot & Apple Muffin Organic Yoghurts	Mandarin Cheesecake Or Orange Jelly Organic Yoghurts	Autumn Cake Organic Yoghurts	Freshly Made Vanilla Cookie Organic Yoghurts	Chocolate Cracknels and Custard Organic Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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**Vegetarian**



**Vegan**



**Organic**

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Working together

# WEEK 3 MENU

w/c – 15/11, 6/12, 17/01, 07/02,  
07/03, 28/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>STREET FOOD DAY</b>	<b>WORLD FOOD DAY</b>	<b>ORIGINALS DAY</b>	<b>PLANET EARTH DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Chicken Tikka Pitta Pocket  Cheese pasty	Kofta Kebab & flatbread  Fish Fingers	Roast Chicken  Quorn Fillet	Beef Lasagne  Fish Goujons	Cheese & Tomato Pizza
<b>Main 2</b>	Vegan Potato and White Bean Chilli  	Southern Baked Quorn Burger, Bun & Salad	Vegan Shepherdess Pie  	Cheese & Broccoli Quiche  	Quorn Dippers and Tomato Salsa 
<b>Carbohydrates</b>	Braised Rice or Potato Wedges	Mashed Potato Penne Pasta	Roast Potatoes or Penne Pasta	Garlic and Parsley Bread or Penne Pasta	Oven Baked Chips Half Jacket Potato
<b>Vegetables</b>	Green Beans Sliced Carrots	Corn on the cob Broccoli Florets	Roasted Carrots Roasted Parsnips	Sweetcorn Garden Peas	Mixed Vegetables Baked Beans
<b>Desserts</b>	Oatey Raspberry Flapjack Organic Yoghurts	Orange Jelly Organic Yoghurts	Chocolate Bread & Butter Pudding or Iced bun Organic Yoghurts	Apple Fruit Plait Ice cream Organic Yoghurts	Iced chocolate sponge & Chocolate sauce Organic Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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**Vegetarian** **Vegan** **Organic**

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