

WEEK 1 MENU

w/c- 30/10, 20/11, 11/12, 01/01,
22/01, 12/02, 04/03, 25/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Minced Beef and Potato Pie or Fish Goujons	Chicken Burger or Vegan Sausage Roll	Roast of the Day or Vegetable Lasagne	Quorn Spaghetti Bolognese or Pasta Primavera or Fish	Margherita Pizza
Main 2	Shepherdess Pie	Cheese & Potato Pie	Roasted Quorn Fillet, Tomato Gravy	Teriyaki Noodles with Vegetable	Veggie Nuggets
Carbohydrates	Creamy Mashed Potato	Braised Rice or Potato Wedges	Roasted or Creamed Potatoes	Garlic bread Slice or New Potatoes	Oven Baked Chips
Vegetables	Roasted Carrots Green Beans	Broccoli Or Baked Beans	Roasted Winter Vegetables	Sweetcorn or Mixed Vegetables	Garden Peas Baked Beans
Desserts	Flapjack Selection of Yoghurts, Fruit,	Iced Carrot Cake Selection of Yoghurts, Fruit,	Plum Pudding Cake or Jelly Selection of Yoghurts, Fruit,	Vanilla Ice Cream Selection of Yoghurts, Fruit,	Chocolate Cake & Chocolate sauce Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)




























Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**
For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

w/c – 06/11, 27/11, 18/12, 08/01,
29/01, 11/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken or Pork Sausage or	Macaroni Cheese or Vegan Hotdog 	Roast of the Day or Quorn Fillets  	Mild Chicken Curry or Fish Fingers	Margherita Pizza
Main 2	Vegan Sausage & Gravy 	Chickpea and Coconut Curry with Rice   	Roasted cheese & Vegetable Tart 	Vegetable and Mozzarella Traybake 	Vegan Dippers  
Carbohydrates	Mashed Potato or Pasta 	Garlic and Parsley Bread or Braised Rice 	Roasted or creamed Potatoes 	Braised Rice or Potato Wedges 	Oven Baked Chips 
Vegetables	Sweetcorn & Peas 	Stir Fry Vegetable or Baked beans 	Fresh Carrots and Cabbage 	Roasted Cauliflower 	Country Mixed Vegetables  Baked Beans
Desserts	Shortcake Biscuit Selection of Yoghurts, Fruit, 	Vegan Sweet Potato & Ginger cake Selection of Yoghurts, Fruit, 	Berry Crumble Traybake Selection of Yoghurts, Fruit, 	Carrot and Apple Muffin Selection of Yoghurts, Fruit,  	Chocolate and Beetroot cake Selection of Yoghurts, Fruit, 

AVAILABLE DAILY: Jacket potatoes baked onsite with
a daily choice of two toppings - Seasonal cut fruits - Mixed
salad bar - Freshly baked breads (white or wholemeal)



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one or more of the top
50 most sustainable
foods in the world!



Vegetarian



Vegan
































Organic

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of staff who will be happy to assist

WEEK 3 MENU

w/c – 13/11, 04/12, 15/01, 05/02,
26/02, 18/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Cajun Chicken or Fish Fingers	Pasta Bolognese or Macaroni Cheese	Roast of the Day or Vegetable Lancashire Pot  	Ratatouille Pasta Bake Or Roasted Tomato and Pesto Pasta 	Margherita Pizza  
Main 2	Cheese & Tomato Pinwheel   	Barley and Vegetable Risotto   	Mediterranean Gnocchi Bake 	Vegan Nuggets 	Vegetable Samosa 
Carbohydrates	Baked Potato Wedges 	Garlic and Red Onion Focaccia Slice 	Roast or Creamed Potatoes 	Braised Rice or Half a Jacket Potato 	Oven Baked Chips 
Vegetables	Roasted Sweetcorn or Cauliflower 	Baked Beans or broccoli 	Roasted Carrots and Steamed Greens 	Sweetcorn or Peas 	Mixed Vegetable Baked Beans 
Desserts	Gainsborough Tart or Jelly Selection of Yoghurts, Fruit, 	Cherry Cinnamon Pudding or cookie Selection of Yoghurts, Fruit, 	Baked Rice Pudding – Fruit Compote Selection of Yoghurts, Fruit, 	Sticky Orange Cake Selection of Yoghurts, Fruit, 	Chocolate Mousse Selection of Yoghurts, Fruit, 

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Vegan



Organic

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