

# Directions

Enter a room of your choice on the map, by clicking the white dot. Click on the among us character to get your task. Each task is an exercise. Once you have completed the task, click on return to map to pick another room and complete your next task. Complete all of the tasks before the imposter sabotages the ship and wins. Click on the completed task bar on the map when you finish all of the tasks! Good Luck!!





Hold an elbow plank for 45 seconds





Hold a wall sit for 45 seconds





Hold a V-Sit for 45 seconds





Do mountain climbers for 45 seconds





Do sit ups for 45 seconds





Do alternate lunges for 45 seconds



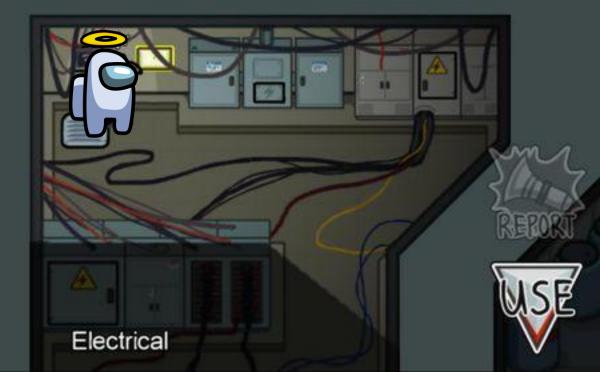
#### Navigation: Fix Wiring (1/3)

Weapons: Clear Asteroids (0/20) Navigation: Download Data (0/2)

Electrical: Divert Power to Communications (0/2)







Do squats for 45 seconds





Do 20 press ups



Do 20 russian twists



Do 20 donkey kicks



## Victory



You have finished all of your tasks before the imposter could sabotage the ship! YOU WIN!