

WEEK 1 MENU

w/c- 17/04, 08/5, 29/05, 19/06, 10/07



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------------------------------|------------------------------------------|--------------------------------------------------------------|
| | STREET FOOD DAY | PLANET EARTH DAY | ORIGINALS DAY | WORLD FOOD DAY | FRIDAY FAVOURITES |
| MAIN 1 | Chinese Chicken Curry Or Fish fingers | Quorn Hotdog Or Quorn Spaghetti bolognaise | Roast of the Day or Braised Italian Chicken | Beefburger in a Bun or Quorn Pasta Bake | Cheese & Tomato Pizza |
| Main 2 | Cheese & Potato pie | Falafel Meatball Wrap | Roasted Quorn Fillet, | Macaroni Cheese | Vegan Nuggets |
| Carbohydrates | Diced Potatoes or Braised Rice | Wholemeal pasta or Garlic & Onion Focaccia Bread | Roasted Potatoes or Pasta | Dirty Wedges or New Potatoes | Oven Baked Chips |
| Vegetables | Sweetcorn or Green Beans | Baked Beans or Roasted Peppers and Spinach | Roast Carrots Fresh Cauliflower | Sweetcorn Peas | Mixed Vegetables Baked Beans |
| Desserts | Chocolate Custard Pot or Vanilla Cookie Selection of Yoghurts, Fruit, | Raspberry Jelly or Cheese & Biscuits Selection of Yoghurts, Fruit, | Jam and Coconut Tart Selection of Yoghurts, Fruit, | Artic Roll Selection of Yoghurts, Fruit, | Chocolate and Beetroot Brownie Selection of Yoghurts, Fruit, |

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

w/c – 24/04, 15/05, 05/06, 26/06, 17/07



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|--------------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------------|------------------------------------------------|----------------------------------------------------------|
| | STREET FOOD DAY | WORLD FOOD DAY | ORIGINALS DAY | PLANET EARTH DAY | FRIDAY FAVOURITES |
| MAIN 1 | Toad in the Hole, Onion Gravy | Chicken Kebab Wrap Or Breaded Fish | Roast of the Day or Quorn Vegan fillet | Quorn Lasagne or Fish fingers | Cheese & Tomato Pizza |
| Main 2 | Quorn Sausage & Gravy | Vegetable Chow Mein | Vegetable cottage pie | Vegan Dippers | Vegetable Spring Roll |
| Carbohydrates | Mashed Potatoes or Savoury Rice | Garlic & Thyme Wedges or Rainbow Cous Cous | Roast Potatoes or Mashed Potato | Garlic Bread or wholemeal Pasta | Oven Baked Chips |
| Vegetables | Sweetcorn and Peas | Baked Beans or Broccoli | Broccoli and Carrots | Roasted Vegetables | Garden Peas Baked Beans |
| Desserts | Orange Yoghurt Fool Or Cheesecake Or Selection of Yoghurts, Fruit, | Baked Rice Pudding, Or Jelly Selection of Yoghurts, Fruit, | Lemon Sponge with custard Selection of Yoghurts, Fruit, | Chocolate Cookie Selection of Yoghurts, Fruit, | Chocolate Sponge & Custard Selection of Yoghurts, Fruit, |

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

E50 Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian Vegan Organic

For allergen content please speak to member of staff who will be happy to assist

WEEK 3 MENU

w/c – 01/05, 22/05, 12/06, 03/07



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------|---------------------------------------------------------------------------|
| | WORLD FOOD DAY | PLANET EARTH DAY | ORIGINALS DAY | STREET FOOD DAY | FRIDAY FAVOURITES |
| MAIN 1 | Butter Chicken Curry Fishcake | Quorn Sausage Burger or sweet & sour Quorn | Roast of the Day or Roast Yorkshire Wrap | Southern Baked Chicken Fish fingers | Cheese & Tomato Pizza |
| Main 2 | Vegetable Samosa | Vegan Sausage Roll | Veggie Sausage and Bean Hot Pot | Buffalo Cauliflower Wings | Vegetable Nuggets |
| Carbohydrates | Naan Bread or Braised Rice | Parsley and Garlic Bread Or Wholemeal Pasta | Roast Potatoes Mashed Potato | Spiced Vegetable Rice or Potato wedges | Oven Baked Chips |
| Vegetables | Roasted Broccoli Sweetcorn | Baked Beans Garden Peas | Carrots and Cabbage | Sweetcorn & Green Beans | Mixed Vegetables Baked Beans |
| Desserts | Freshly baked Oat and Lemon Cookie Selection of Yoghurts, Fruit, | Strawberry Jelly, Roast Pineapple Pot with Mint, Coconut Selection of Yoghurts, Fruit, | Apricot Sponge and custard Selection of Yoghurts, Fruit, | Vanilla ice cream Selection of Yoghurts, Fruit, | Chocolate crunch & chocolate sauce Selection of Yoghurts, Fruit, |

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan



Organic

For allergen content please speak to member of staff who will be happy to assist